

HEALTHY AGEING

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SERVICE	REFERRAL INFORMATION
FALLS AND BALANCE CLINIC	Eligibility
<p>The Falls and Balance Clinic provides multi-disciplinary input for patients identified as having high falls risk, or have had recent falls.</p> <p>Aside from medical assessments, the Falls and Balance Clinic patients undergo a comprehensive medication review conducted by a pharmacist in conjunction with a geriatrician, as well as having access to a specialist physiotherapist, with expertise in musculoskeletal as well as vestibular physiotherapy.</p> <p>Specialist Geriatricians: Dr Ben Chen Dr Suba Kumar Dr Margaret Bilkska</p> <p>Physiotherapist – Leia Barnes Pharmacist – Carly Dowling</p> <p>Enquiries: Please call 1300 668 936</p>	<p>Recent recurrent falls or near falls (>3 episodes over past year), and/or</p> <p>Significant balance or gait instability, and/or</p> <p>Falls with significant complications (skin tears, extensive soft tissue bruising or fractures) and/or</p> <p>Falls with presentations to GP or Emergency Department.</p> <p>Please note: if the patient does not require investigation and would benefit from therapy provided by Allied Health professionals (including the Finding Your Feet program), then refer to Falls and Balance Intervention Program.</p>
	Pre-Requisite Tests
	<p>FBC E/LFT TSH B12 Folate Magnesium</p> <p>Any of the following test results if undertaken in the past 12 months Radiology - CT Head, XR Spine, Bone Densitometry, ECHO, Holter, EEG, EMG, Nerve conduction study</p> <p>Please attach any previous specialist or allied health reports eg Neurology, Cardiology, Rheumatology, Physiotherapy</p>
	Specific considerations for referral (please indicate on referral)
	<p>Is a Team Care Arrangement requested? It is not a requirement of the program that a TCA is completed. GPMP/TCA can be reversed for any private provider referrals that may be required throughout the year.</p>
<p>Link to Printable Referral Template Link to Download Referral Template</p>	<p>How long has the patient had this diagnosis or are they newly diagnosed?</p> <p>Does this patient have co morbidities that restrict what exercise can be encouraged during group or individual education? <contraindications to exercise></p> <p>Medical History</p>