

REHABILITATION

SERVICE	REFERRAL INFORMATION
CARDIAC REHABILITATION	Eligibility
<p>Specialising in multi-disciplinary care for patients with complex care needs; assisting patients with cardiovascular disease return to optimal health and an active lifestyle aimed at reducing the risk of further cardiac events.</p> <p>Prof Rohan Jayasinghe</p> <p>Enquiries:</p> <p>Please call 1300 668 936</p>	<p>This service is for patients/patients 18 years and older with:</p> <ul style="list-style-type: none"> • Medically stable post Myocardial Infarction (>2-3 weeks post NSTEMI; 3-4 weeks post STEMI); with or without Percutaneous Coronary Intervention (PCI) • PTCA elective intervention (>2 weeks post PCI) • Stable angina • CABG surgery (>4 weeks post CABG) • Valvular surgery (>4 weeks post surgery) • Pacemaker and ICD insertion (>4 weeks post surgery) • Compensated Congestive Heart Failure • Stable Cardiomyopathy • Heart transplant (>4 weeks post surgery) • Cardiovascular disease • High risk factor profile
	Pre-Requisite Tests
	<p>Please include copies of any relevant reports or results including :</p> <p>Coronary angiography Myocardial perfusion scan Echocardiography Exercise stress test Lipids</p>
	Specific considerations for referral (please indicate on referral)
	<p>Is a Team Care Arrangement requested?</p> <p>How long has the patient had this diagnosis or are they newly diagnosed?</p> <p>Does this patient have co morbidities that restrict what exercise can be encouraged during group or individual education? <contraindications to exercise></p> <p>Medical History</p>
<p>Link to Printable Referral Template Link to Download Referral Template</p>	