

CHRONIC DISEASE		
SERVICE	REFERRAL INFORMATION	
HEART FAILURE Heart Failure Service Brochure Link	Eligibility	
<p><i>Chronic Disease Wellness Program – formerly HEAL</i></p> <p>Specialising in multi-disciplinary care for patients with complex care needs; supporting Team Care Arrangements including Heart Failure Medication and Titration plans.</p> <p>Prof Rohan Jayasinghe</p> <p>Enquiries:</p> <p>Please call 1300 668 936 to speak with Clinical Nurse Consultant</p>	<p>This service is for patients 18 years and older with</p> <ul style="list-style-type: none"> ● Echocardiographic evidence indicating <ul style="list-style-type: none"> - Systolic Dysfunction - Diastolic Heart Failure - Right Heart Failure 	
	Service Details	
	<p>Heart Failure Education (12 week)</p> <ul style="list-style-type: none"> ● Heart Failure and You ● Heart Failure Medication ● A Practical Guide to Food Choices ● Exercise and Leisure ● Tackling Tiredness ● Heart Failure and Intimacy 	<ul style="list-style-type: none"> ● Stress and Relaxation ● Decreasing Cardiac Risk Factors ● Emotional Wellbeing and Your Heart ● Partner Issues and Support Services ● Heart Failure Device Therapy
	<p>Heart Failure Exercise: (12 week)</p> <p>Following medical clearance, client is assessed by the Cardiac Nurse and Physiotherapist. The Physiotherapist designs a Graded Exercise program. Programs target both low functioning patients (home exercise programs) and higher functioning patients (centre based gym programs)</p>	
	Pre-Requisite Tests	
	<p>ECG within last 3 months</p> <p>Echocardiogram</p> <p>Coronary Angiography Results</p>	<p>Coronary Artery Bypass Graft Reports</p> <p>Pathology Results</p> <p>Chest X-Ray</p>
Specific considerations for referral (please indicate on referral)		
<p>Link to Printable Referral Template</p> <p>Link to Download Referral Template</p>	<p>Is a Team Care Arrangement requested?</p> <p>Is this patient newly diagnosed?</p> <p>Do you consider this person's care needs are:</p> <p>Low risk: can proceed directly to group education?</p> <p>Complex care: has significant co-morbidity that requires full medical and multi-disciplinary assessment and treatment planning?</p> <p>Does this patient have co morbidities that restrict what exercise can be encouraged during group or individual education?</p> <p><contraindications to exercise></p> <p>Medical History</p> <p>Is this patient under the care of a cardiologist?</p>	