

CHRONIC DISEASE		
SERVICE	REFERRAL INFORMATION	
<b>CHRONIC KIDNEY DISEASE</b> <a href="#">CKD Brochure Link</a>	<b>Eligibility</b>	
<i>Chronic Disease Wellness Program – formerly HEAL</i>	This service is for patients 18 years and older with Chronic Kidney Disease (eGFR<60ml/min) not requiring immediate Nephrologist review.	
<p>Specialising in multi-disciplinary care for patients with complex care needs; supporting Team Care Arrangements</p> <p>Enquiries:</p> <p>Please call 1300 668 936</p>	<b>Service Details</b>	
	<p><b>Multidisciplinary Clinics</b></p> <p><b>Chronic Kidney Disease Education</b></p> <p><b>Module 1</b> Understanding CKD Cause Progress Common Symptoms Complications Management Reducing Cardiovascular Risk</p> <p><b>Module 2</b> CKD Self Management What is Self Management?</p>	<p>Maintaining a Healthy Lifestyle Healthy Eating with CKD Common Medications in CKD Safe Medication Practice Living well with CKD Family and Carer Needs</p> <p><b>Module 3</b> CKD Treatment Options Early Decision Making What to consider What are the options: Transplant, Dialysis, Medical Care without Dialysis Patient Perspective</p>
	<b>Pre-Requisite Tests</b>	
	<p>Serial blood pressure readings Ultrasound of kidneys Pathology tests:</p> <ul style="list-style-type: none"> <li>▪ eGFR (serial measures where available)</li> <li>▪ Urea</li> <li>▪ Creatinine</li> <li>▪ Electrolytes</li> <li>▪ Full Blood Count</li> <li>▪ Urine microscopy</li> <li>▪ Urine albumin or protein creatinine ratio (serial values if available)</li> </ul>	
	<b>Specific considerations for referral (please indicate on referral)</b>	
<p>Link to <a href="#">Printable</a> Referral Template</p> <p>Link to <a href="#">Download</a> Referral Template</p>	<p><b>Is a Team Care Arrangement requested?</b></p> <p><b>Is this patient newly diagnosed?</b></p> <p><b>Do you consider this person's care needs are:</b> <b>Low risk:</b> requires education about kidney disease and health promotion strategies <b>Complex care:</b> has significant co-morbidity that requires comprehensive nurse practitioner and multi-disciplinary assessment and treatment planning?</p> <p><b>Does this patient have co morbidities that restrict what exercise can be encouraged during group or individual education?</b> &lt;<a href="#">contraindications to exercise</a>&gt;</p> <p><b>Medical History</b></p> <p><b>Is this patient under the care of a Nephrologist?</b></p>	