

CHRONIC DISEASE	
SERVICE	REFERRAL INFORMATION
<b>DIABETES</b> <a href="#">Type 2 Diabetes Brochure Link</a>	<b>Eligibility</b>
<p><i>Chronic Disease Wellness Program – formerly HEAL</i></p> <p>Specialising in multi-disciplinary care for patients with complex care needs; supporting Team Care Arrangements</p> <p>Dr Marlise Heynike Dr Mark Forbes Dr Nick Buckmaster</p> <p>Enquiries:</p> <p>Please call 1300 668 936 to speak with a Diabetes Educator</p> <p><b>Referrals for Type 1 Diabetes:</b> GPs need to forward a named referral, addressed to –</p> <p>Dr Peter Davoren Diabetes Resource Centre</p> <p>Fax: 56691251 or Ph DRC on 56691250 to arrange an appointment for your patient</p>	<p>This service is for patients 18 years and older with:</p> <ul style="list-style-type: none"> <li>○ A diagnosis of Type 2 Diabetes <b>or</b></li> <li>○ Pre-diabetes: a fasting plasma glucose &gt;6.1 and &lt; 7.0mmol or a 2 hours glucose level following a 75g glucose load &gt; 7.8mmol &lt;11.1mmol/L.</li> </ul>
	<b>Service Details</b>
	<p><b>Referral Options -</b> Patients triaged at Central Intake:</p> <ul style="list-style-type: none"> <li>- Direct into multidisciplinary group education <ul style="list-style-type: none"> <li>▪ Full day education 8.30-3.30 (lunch provided)</li> <li>▪ 4 one hour sessions over 4 weeks (Refreshments provided)</li> </ul> </li> <li>- Multidisciplinary care</li> </ul> <p>Type 2 Diabetes Education Management of Type 2 Diabetes Healthy Eating for Diabetes Making Sense of Food Labels Benefits of Physical Activity Medication in Type 2 Diabetes Healthy Feet Self Management</p>
	<b>Pre-Requisite Tests</b>
	<p>Serial HbA1c Fasting Blood Glucose/OGTT Full Lipid Profile TG, HDL, LDL A random urine albumin: creatinine ratio eGFR, FBE, LFTs, U&amp;Es Eye Screening Report – Optometrist (Optional)</p>
<b>Specific considerations for referral (please indicate on referral)</b>	
<p><b>Is a Team Care Arrangement requested?</b></p> <p><b>Is this patient newly diagnosed?</b></p> <p><b>Do you consider this person's care needs are:</b>  <b>Low risk:</b> can proceed directly to group education?  <b>Complex care:</b> has significant co-morbidity that requires full medical and multi-disciplinary assessment and treatment planning?</p> <p><b>Does this patient have co morbidities that restrict what exercise can be encouraged during group or individual education?</b>  &lt;<a href="#">Contraindications to exercise</a>&gt;</p> <p><b>Medical History.</b></p>	
<p>Link to <a href="#">Printable</a> Referral Template Link to <a href="#">Download</a> Referral Template</p>	